girl scouts of montana and wyoming

Week-Long & Try It Camp Confirmation Packet

Dear Camper and Parent/Caregiver:
Welcome to Girl Scouts Summer Camp. We can't wait for you to take those mountain roads and join us in celebrating our camp community by creating friendships and adventures around every turn of the trail. Thank you for choosing Girl Scouts of Montana and Wyoming (GSMW) for your Girl Scout's summer adventures!

Please check your account to ensure you have paid the full camp fee two weeks before the start of your camp. You will receive emails reminding you to pay your balance and prepare for camp. If you need help with payment options, please contact customercare@gsmw.org.

To help you and your camper prepare for this experience, we have compiled a "Camp Readiness Document". Please *READ THIS ENTIRE DOCUMENT FROM BEGINNING TO END* and refer to it regularly as you prepare for camp. A physical letter will be mailed to you about 2 weeks out from your theme's start date, it will contain; driving directions, waivers if applicable, and just a few other documents.

This camp confirmation packet includes:

- **PACKING LIST & CAMPER PREPARATION**
  Use a pencil to help you track everything as you pack to come to camp. Bring a copy of the list to camp to keep track of everything you should take home. Label everything you bring with the camper's name! Check this section for hints on how to prepare yourself and your camper for a successful week at camp.

- **CHECK-IN AND CHECK-OUT PROCEDURES**
  GSMW has defined procedures for checking in and out of camp. ***Please note: Camp check-in and check-out times vary depending on session.*** In this packet, you'll see a list of these times. Directions will be mailed to you.

- **PERMISSION/RELEASE/HEALTH FORMS**
  Incomplete health histories prevent your child from attending camp. ***You are required to report all health concerns including mental health conditions***. We ask you to include your camper's mental health status in her health form so we can work together to ensure her success at camp.

- **FREQUENTLY ASKED QUESTIONS**
  Got a question? I'm sure you do! Find answers on the FAQ page at www.gsmw.org/camp.

If you have any questions or concerns prior to your arrival at camp, please contact Girl Scouts of Montana and Wyoming Headquarters at (406)-252-0488 or (800)-736-5243 or customercare@gsmw.org.

From around the campfire,
Your 2022 GSMW Resident Camp Team

CHECK–IN AND CHECK–OUT

Find your camp below for the scheduled check-in & check-out times:
Gates to camps will not open until the listed times. Staff is unavailable until time listed

Timbercrest Camp

Theme	Check in Date/Time	Check out Date/Time
Camp Hero	**Sunday**, June 12, 2022 (3-4 pm)	**Friday,** June 17, 2022 (10-11 am)
Ultimate Outdoor Odyssey	**Sunday**, June 12, 2022 (3:30-4:30 pm)	**Friday,** June 17, 2022 (10-11 am)
Artist Retreat	**Sunday**, June 12, 2022 (4-5 pm)	**Friday,** June 17, 2022 (10-11 am)
Spy Academy	**Sunday**, June 19, 2022 (3-4 pm)	**Friday,** June 24, 2022 (10-11 am)
Spy Academy ***Try-It***	**Sunday,** June 19, 2022 (3:30-4:30 pm)	***Wednesday**, June 22, 2022 (10-11 am)*
Super Survivalist	**Sunday**, June 19, 2022 (4-5 pm)	**Friday,** June 24, 2022 (10-11 am)
Ultimate Outdoor Odyssey	**Sunday**, June 19, 2022 (4- 5 pm)	**Friday,** June 24, 2022 (10-11 am)
Camp Aide/CIT	**Sunday**, June 19, 2022 (3-3:15 pm)	**Friday,** June 24, 2022 (10-11 am)
Junior Counselor	**Sunday**, June 19, 2022 (3-3:15 pm)	**Friday,** June 24, 2022 (10-10:15 am)
***Junior Counselors** must arrive promptly on time because any later a line will form with campers, and any earlier and the gate to camp will be locked. Please call ahead directly to camp if an emergency prevents you from arriving on time.*		
Artist Retreat	**Sunday,** June 26, 2022 (3-4 pm)	**Friday**, July 1, 2022 (10-11 am)
Mad Scientist	**Sunday,** June 26, 2022 (3:30-4:30 pm)	**Friday**, July 1, 2022 (10-11 am)
Extreme Exploration	**Sunday,** June 26, 2022 (4-5 pm)	**Friday**, July 1, 2022 (10-11 am)

Camp Castle Rock

Theme	Check-in Date/Time	Check-out Date/Time
Mad Scientist	**Sunday**, July 10, 2022 (3-4 pm)	**Friday,** July 15, 2022 (10-11 am)
Ultimate Outdoor Odyssey	**Sunday**, July 10, 2022 (3:30-4:30 pm)	**Friday,** July 15, 2022 (10-11 am)
Wild West	**Sunday**, July 10, 2022 (4-5 pm)	**Friday,** July 15, 2022 (10-11 am)
Camp Aide/CIT	**Sunday**, July 10, 2022 (3- 3:15 pm)	**Friday,** July 15, 2022 (10-11 am)
Junior Counselor	**Sunday**, July 10, 2022 (3-3:15 pm)	**Friday,** July 15, 2022 (10-10:15am)
***Junior Counselors** must arrive promptly on time because any later a line will form with campers, and any earlier and the gate to camp will be locked. Please call ahead directly to camp if an emergency prevents you from arriving on time.*		

Super Survivalist	**Sunday**, July 17, 2022 (3-4 pm)	**Friday,** July 22, 2022 (10-11 am)
Super Survivalist ***Try-It***	**Sunday,** July 17, 2022 (3-4 pm)	***Wednesday**, July 20, 2022 (10-11 am)*
Digging History	**Sunday**, July 17, 2022 (3:30-4:30 pm)	**Friday,** July 22, 2022 (10-11 am)
Extreme Exploration	**Sunday**, July 17, 2022 (4-5pm)	**Friday,** July 22, 2022 (10-11 am)
******Special Check-Out times and dates for the last week at Castle Rock!******		
Spy Academy	**Sunday**, July 24, 2022 (3-4 pm)	**Wednesday,** July 27, 2022 (3-4 pm)
Artist Retreat	**Sunday**, July 24, 2022 (3:30-4:30 pm)	**Wednesday,** July 27, 2022 (3-4 pm)
Let's Go Glamping	**Sunday**, July 24, 2022 (4-5 pm)	**Wednesday,** July 27, 2022 (3-4 pm)

Camp Sacajawea

Theme	Check-in Date/Time	Check-out Date/Time
Silver Spurs	**Sunday**, July 31, 2022 (3-4 pm)	**Friday,** August 5, 2022 (10-11 am)
Mad Scientist	**Sunday**, July 31, 2022 (3:30-4:30 pm)	**Friday,** August 5, 2022 (10-11 am)
Mad Scientist ***Try-It***	**Sunday**, July 31, 2022 (3:30-4:30 pm)	***Wednesday,** August 3, 2022 (10-11 am)**
Camp Hero	**Sunday**, July 31, 2022 (4-5 pm)	**Friday,** August 5, 2022 (10-11 am)
Silver Spurs	**Sunday**, August 7, 2022 (3-4 pm)	**Friday,** August 12, 2022 (10-11 am)
Let's Go Glamping	**Sunday**, August 7, 2022 (3:30-4:30 pm)	**Friday,** August 12, 2022 (10-11 am)
Wild West	**Sunday**, August 7, 2022 (4-5 pm)	**Friday,** August 12, 2022 (10-11 am)
Camp Aide/CIT	**Sunday**, August 7, 2022 (3-3:15 pm)	**Friday,** August 12, 2022 (10-11 am)
Junior Counselor	**Sunday**, August 7, 2022 (3-3:15 pm)	**Friday,** August 12, 2022 (10-10:15 am)
***Junior Counselors** must arrive promptly on time because any later a line will form with campers, and any earlier and the gate to camp will be locked. Please call ahead directly to camp if an emergency prevents you from arriving on time.*		

CHECK–IN AND CHECK–OUT PROCEDURES

CHECK-IN DAY

Opening days/times will vary according to the specific camp you are signed up for.
Please refer to Check-In/Check-Out date page. Campers must be checked in & out on the date & within the time period assigned to your session.

- Caregivers will need to drop campers off in person at Camp.
- Counselors, Health Staff, and Directors are all able to meet with girls and guardians in person to discuss the week and any needs the girls might have.
- The Camp gate will not open until the start of the check- in period.
- Cars will stop at 4 different stations
    - Station 1: Front Gate – where you will be checked in and confirm approved caregiver pick up list.
    - Station 2: Paperwork – all papers collected and pre-screen health questions will be asked (pre-camp daily Covid-19 symptom tracker, field trip waivers, and health forms)
    - Station 3: Health Check – only the camper will exit the vehicle to complete this process.
    - Station 4: Luggage Zone – where goodbyes are made and campers meet their counselors who'll help them move into their cabin.
- Your girl will complete her Health Check-in and all medications will be turned in to our Health and Wellness Supervisor. Medication must come in its original container with dosage directions clearly visible.
- Please discuss any issues your camper may have during the week including medication distribution. Please be sure to include this in the Health Form.
- Additionally, if your child has any dietary restrictions the Camp Director will be more than happy to discuss the week's meals. Please be sure to include any dietary restrictions (allergies, intolerances, religious or cultural reasons) in the Health Form.
- Late arrivals are accepted only in case of emergency circumstances. If the camper cannot arrive within the extended window of time, they will have to wait until the following day at 8:00am to be checked in by camp staff. Please notify the camp as soon as circumstances arise.

CHECK-OUT DAY

Parents/ guardians are asked to pick-up their child within the assigned check-out time range specific to your camp location and theme. Refer to the table for the correct pick-up time.

- Check-out times are firm and cannot be negotiated.
- Upon arrival at pick-up, there will be just 2 drive thru stations;
    - Station 1: Directors Table – where medicine and health forms will be returned and ID will be checked to ensure they are on the confirmed "Camper Pick-Up" list.
    - Station 2: Luggage Zone – a counselor will bring your camper over to the luggage and help load items into car.
- For your camper's safety, you MUST present a photo ID and be listed as an authorized "Camper Pick-Up" in the Health Form. Under "Camper Pick-Up", please list anyone who may pick up your camper as well as other emergency contacts.

CAMPER PACKING LIST

- At camp, we dress to be comfortable and safe, and we prepare for being outdoors in all conditions.
- Do not bring anything to camp that cannot get dirty, messy or broken. Rugged, comfy clothes work best.
- Label all belongings.
- Limit camper's baggage to one duffel plus one daypack and a neatly rolled sleeping bag & pillow.
- Girls should be able to pack, unpack, and carry their own things.
- Campers will not be permitted to wear open-toe shoes or sandals at any time other than in the showers.

NECESSITIES:

ADDITIONAL WAIVERS (for extra activities)

- Very warm sleeping bag (nights may be below 30ºF)
- Pillow in a pillow case
- Shower towel & washcloth
- Sunglasses with case
- Day backpack (used every day, all day)
- Sturdy, closed-toe shoes (hiking or tennis shoes)
- Flip flops (for the shower only)
- Water bottle (check for leaks)
- Flashlight or headlamp & extra batteries
- Medications (in original containers, marked with dosage & campers name. Collected at check-in.)

CLOTHING:

- 3 T-shirts (cover shoulders/stomach; no suggestive logos)
- 2 pairs of shorts
- 1 or 2 pair of jeans or sweatpants
- Very warm pajamas
- 7 days of underwear, bras, socks
- Swimsuit (for showering, sometimes swimming)
- Rain jacket or poncho
- 2 sweatshirts or fleece shirts
- Brimmed hat
- Warm stocking cap & gloves
- Synthetic or wool long underwear top and bottoms
- 1 long sleeve shirt
- 1 winter coat

TOILETRIES/PERSONAL ITEMS:

- Travel soap and lotion
- Deodorant
- Travel shampoo/conditioner
- Travel toothbrush & toothpaste
- Brush or comb
- Hair ties
- Sunscreen & protective lip balm
- Travel non-aerosol insect repellant
- Glasses or contact lenses
- Retainers/mouth guards
- Feminine hygiene products (even if unexpected)

OPTIONAL:

- Thursday Dinner outfit: a button down, sun-dress, fun headband…remember we're still at camp!
- Twin sheet for bed and/or extra blanket
- Mess kit (plastic cup, plate, utensils in a bag)
- Camera (inexpensive & durable or disposable)
- Stationary, stamps, pre-addressed envelopes
- Journal & pen/pencil
- Pirate accessories (no weapons)
- A wacky hat or wig and wacky socks
- 100% white cotton t-shirt or other item to tie-dye
- Something to read
- Laundry bag
- Small stuffed animal
- MT fishing license for age 12 & older only, 14 & older for WY
- Rain Pants
- Campfire Ashes jar from previous years of camp – reuse these year after year! Bring ashes from your last campout.

ADDITIONAL SPECIALTY CAMP ITEMS:

For Ultimate Outdoor Odyssey and Extreme Exploration:

- Board shorts, swim shirt, water shoes
- Boots or hiking shoes with a one-inch heel (required) for horseback riding. Email customercare@gsmw.org for shoe help!
- Board shorts, swim shirt, water shoes (Timbercrest Camp Specific)
- Headlamp (optional, Camp Castle Rock specific)

For Silver Spurs I & II:

- Boots with one-inch heel (optional)
- Pair of long pants to wear while riding

For Digging History:

- Headlamp (optional)
- Pair of pants and long sleeved shirt for caving

For Try-It Campers:

Adjust the packing list to reflect your shorter stay at camp.

LEAVE these items at HOME:

- Cell Phones, iPods, or MP3 Players
- Candy, food, drinks
- Curling iron, blow dryer, makeup & hairspray
- Cash, jewelry, valuables
- Tank-tops, crop-tops (clothes that don't protect us from the elements) or not school appropriate logos.
- Clothing that can't get dirty.

CAMPER AND CAREGIVER PREPARATION

Before your camper comes to camp, it's important to prepare her for being on her own:

- With support and advice, let your camper pack her own bag, and teach her how to roll her own sleeping bag so she gains independence.
- Have her practice being away from home by having a sleepover at a friend's house.
- Before camp starts, have regular talks about what to do if she misses home while away.
- Parents, prepare yourself for camp! Children can easily pick up on their parent's feelings. So, if you're nervous about camp, they will be, too. Show your camper that you're excited for their camp opportunity, and discuss with them how it will be a great experience for both parent and child!
- Listen to the camper's concerns, and provide answers to their questions. If they have questions about camp that you can't answer, feel free to ask customercare@gsmw.org.

Prepare your camper to use coping strategies, like these, at camp:

- Try to play every game, and try every offered activity at least once.
- Talk with a Camp Counselor or other trusted camp staff.
- Write letters home (or keep a journal) to tell your family about all the fun activities and your new friends.
- Look forward to the new skills and adventures each day at camp.
- Introduce yourself to at least one new friend every day!

Missing Home

While at camp, girls do not have access to the phone to call home, and parents will not be able to call their campers unless it's an emergency. Girls can write letters and receive letters given to staff at check-in. Send your girl with addressed, stamped envelopes, stationary, and a pen so she is ready to write home.

For more hints on preparing for camp, check out GSUSA's "Camp Hacks" videos at:
www.youtube.com/user/girlscoutvideos/playlists

GSMW Camp Care Bag

Camp Care Bags are a fun way to give your camper a useful surprise when they arrive at camp. This year's care bags are $42 and include a GSMW drawstring bag, color-changing water bottle, rollup fleece blanket and more! Care Bags are available for purchase by going to www.gsmw.org/camp.

FREQUENTLY ASKED QUESTIONS

Head over to our website for the most update FAQ's. Found at: www.gsmw.org/camp