

## paddling and Rowing Sports – Master Progression Chart

Type of Craft and Water	Grade Level	Participant to Instructor Ratio	Instructor/Expert Certification <i>With multiple choices, only one is required.</i>
<b>Rowboats</b>			
<b>Rowboat</b> Flat, no current.	D, B, J, C, S, A  <i>Daisies only with adult in boat.</i>	12:1 plus 1 watcher/helper	Instructor completes A Small Water Craft Safety training certification, or equivalent.
<b>Scull or Shell</b> Flat, no current.	C, S, A who are strong swimmers	Varies, consult instructor or coach.	U.S. Rowing Coach Level 1 or higher, or equivalent.
<b>Corcl Boat</b>			
Flat, no current.	B, J, C, S, A	12:1 plus 1 watcher/helper	American Red Cross (ARC) Lifeguarding with Waterfront Module, or equivalent.
<b>Canoeing</b>			
Flat, near shore, no current.	D, B, J, C, S, A  <i>Daisies permitted only with an adult in their canoe, unless with an ACA accredited camp in compliance with ACA standards.</i>	6:1 or 12:1 with qualified assistant  <i>ACA accredited camps adhere to all ACA standards for Daisies in canoes.</i>	American Canoe Association (ACA) Canoe Level 1 Instructor or higher or ACA Paddle Sports Safety Facilitator in canoeing; A Small Water Craft Safety training certification or ARC Lifeguarding with Waterfront Module or an instructor with the demonstrated equivalent experience in line with these credentials.
Class I	J, C, S, A	6:1 or 12:1 with qualified assistant	ACA River Canoeing Level 2 Instructor or higher, or equivalent.
Class II	C, S, A	6:1 or 12:1 with qualified assistant	ACA River Canoeing Level 3 Instructor or higher, or equivalent.
Class III	C, S, A	6:1 or 12:1 with qualified assistant	ACA Whitewater Canoeing Instructor Level 4 or higher, or equivalent.
Trips on Class II-III	C, S, A	Varies, ask outfitter.	Licensed professional guide or instructor who is provided by an outfitter.
<b>Kayaking</b>			
Flat, near shore, lakes, no current.	B, J, C, S, A  <i>Daisies not permitted.</i>	5:1 or 10:1 with qualified assistant	ACA Kayaking Level 1 Instructor or higher, ACA Paddle Sports Safety Facilitator Kayaking, A Small Water Craft Safety training certification, Kayaking, completion of boat education paddle sports course for your state or ARC Lifeguarding with Waterfront Module, or equivalent.
River, Class I	J, C, S, A	5:1 or 10:1 with qualified assistant	ACA River Kayaking Level 2 Instructor or higher, or equivalent. Use helmets when they are recommended or provided.

River, Class II	C, S, A	5:1 or 10:1 with qualified assistant	ACA River Kayaking Level 3 Instructor or higher, or equivalent. Use helmets when they are recommended or provided.
River, Class III	C, S, A	5:1 or 10:1 with qualified assistant	ACA River Kayaking Level 4 Instructor or higher; or equivalent. Use helmets when they are recommended or provided.
Sea/Surf	C, S, A	5:1 or 10:1 with qualified assistant	ACA Coastal Surf or Coastal Kayaking Level 2 Instructor or higher, or equivalent.
<b>Standup Paddle Boarding</b>			
Flat, near shore, no current.	J, C, S, A	5:1 or 10:1 with qualified assistant	American Canoe Association (ACA) SUP Instructor Level 1 or higher, ACA Paddle Sports Safety Facilitator SUP, or completed boat education paddle sports course for your state, American Red Cross Lifeguarding with Waterfront Module, or equivalent. ACA SUP Yoga endorsement or equivalent for yoga on flat water.
Coastal	C, S, A	5:1 or 10:1 with qualified assistant	ACA Coastal SUP Instructor Level 3 or higher, or equivalent.
Ocean Surf	C, S, A	5:1 or 10:1 with qualified assistant	ACA Ocean Surf SUP Instructor Level 3 or higher, or equivalent.
Class I – II	C, S, A	5:1 or 10:1 with qualified assistant	ACA River SUP Instructor Level 3 or higher, or equivalent.
Trips	C, S, A	Varies, ask outfitter.	Licensed professional guide or instructor provided by an outfitter.
Class III – V	Not Permitted.	N/A	N/A
<b>Whitewater Rafting</b>			
Whitewater rafting day trips Class I - II	B, J, C, S, A	6:1 or 12:1 with qualified assistant.	American Canoe Association (ACA) Rafting Level 4 Instructor or higher, or International Rafting Federation (IRF) Guide Certification, or equivalent.
Whitewater rafting day trips Class I – III	J, C, S, A	Varies, ask outfitter.	Licensed professional river guide provided by an outfitter.
Whitewater rafting day trips Class I – IV	C, S, A	Varies, ask outfitter.	Licensed professional river guide provided by an outfitter. <i>Note: Members must always wear helmets for Class IV.</i>
Whitewater rafting day trips Class I - IV	C, S, A	Varies, ask outfitter.	Licensed professional river guide provided by an outfitter. <i>Note: Members must always wear helmets for Class IV.</i>