

Tradition Tips & Tricks: Actions

Learning to do things the Girl Scout Way!



Girl Scout Sign

The Girl Scout sign is made when you say the Girl Scout Promise. The sign is formed with the right hand, by using the thumb to hold down the little finger, leaving the three middle fingers extended to represent the tree parts of the Promise.

Girl Scout Handshake

The Girl Scout handshake is the way many Girl Guides and Girl Scouts greet each other. They shake their left hands while making the Girl Scout sign with their right hand.



Quiet Sign

The Quiet Sign is a way to silence a crowd without shouting at anyone. The sign is made by holding up the right hand with all five fingers extended. It refers to the original Fifth Law of Girl Scouting: A Girl Scout is courteous.

Friendship Circle

The Friendship Circle is often formed at the end of meetings or campfires as a closing ceremony. Everyone gathers in a circle, and each girl crosses her right arm over her left and holds hands with the person on each side. Once everyone is silent, the leaders start the friendship squeeze by squeezing the hand of the person next to her. One by one, each girl passes on the squeeze until it travels around the full circle.



“OURS IS A CIRCLE OF FRIENDSHIPS UNITED BY IDEALS.”

- JULIETTE GORDON LOWE