

Swim, Splash, and Sail Camp Confirmation Packet

2023
You'll Never Know 'Til Ya Go!

Dear Camper and Parent/Guardian:

Welcome to Girl Scouts Summer Camp. We can't wait for you to take those mountain roads and join us in celebrating our camp community by creating friendships and adventures around every turn of the trail. Thank you for choosing Girl Scouts of Montana and Wyoming (GSMW) for your Girl Scout's summer adventures!

Please check your account to ensure you have paid the full camp fee two weeks before the start of your camp. You will receive emails reminding you to pay your balance and prepare for camp. If you need help with payment options, please contact customercare@gsmw.org.

To help you and your camper prepare for this experience, we have compiled a "Camp Readiness Packet". Please *READ THIS ENTIRE PACKET FROM BEGINNING TO END* and refer to it regularly as you prepare for camp. A physical letter will be mailed to you about 2 weeks out from your theme's start date, it will contain; driving directions, waivers if applicable, and just a few other documents.

This camp confirmation packet includes:

PACKING LIST & CAMPER PREPARATION

Use a pencil to help you track everything as you pack to come to camp. Bring a copy of the list to camp to keep track of everything you should take home. Label everything you bring with the camper's name! Check this section for hints on how to prepare yourself and your camper for a successful week at camp.

CHECK-IN AND CHECK-OUT PROCEDURES

GSMW has defined procedures for checking in and out of camp. Directions to each camp location are also included.

• PERMISSION/RELEASE/HEALTH FORMS

Provide completed forms during camp check-in. Health forms that are incomplete may prevent your child from attending camp. *You are required to report all health concerns including mental health conditions*. We ask you to include your camper's mental health status in her health form so we can work together to ensure her success at camp.

If you have any questions or concerns prior to your arrival at camp, please contact Girl Scouts of Montana and Wyoming Headquarters at (406)-252-0488 or (800)-736-5243 or customercare@gsmw.org.

From around the campfire, Your 2023 GSMW Resident Camp Team

Swim, Splash, and Sail PACKING LIST

At GSMW Camps, we dress to be comfortable and safe, and we prepare for being outdoors in all sorts of conditions. Do not bring anything to camp that cannot get dirty, messy or broken. Rugged, comfortable clothes work best! But please leave the tank tops at home. Label all belongings clearly. Limit the camper's baggage to one duffel or suitcase and a neatly rolled sleeping bag & pillow.

ABSOLUTELY MANDATORY:

Sunscreen & protective lip balm

	Sunglasses with case		
	□ Brimmed hat		
	□ Water shoes like Teva, Chaco, Keen, or similar style wi	ith heel strap to keep them on your feet!	
	SSITIES/TOILETRIES/PERSONAL ITEMS: ADDITIONAL WAIVERS (for camper's extra activities) Biodegradable soap Very warm sleeping bag (nights may be below 30°F) Deodorant Pillow in a pillow case Travel toothbrush & toothpaste Shower towel & Beach Towel Brush or comb Hair ties Day backpack (used every day, all day) Sturdy, closed-toe shoes (hiking or tennis shoes) Travel non-acrosol insect repellant	 LEAVE these items at Example 1. Electronic devices such as cell parablets, headphones, smart wat Candy, food, drinks Curling iron, blow dryer, maked hairspray Cash, jewelry, valuables and clothat can't get dirty Tank-tops, crop-tops (clothes the protect us from the elements) of school appropriate logos. 	
	Travel non-aerosol insect repellant		
	Glasses or contact lenses Feminine hygiene products (even if unexpected)		
	Water bottle (check for leaks)		
	Retainers/mouth guards		
	Flashlight or headlamp & extra batteries		
	Medications (in original containers, marked with dosage	e & campers name. Collected at check-in.)	
CLOT	HING:		
	2 T-shirts (must cover shoulders/stomach; no suggestiv	e logos)	
	2 1-snirts (must cover shoulders/stomach; no suggestive logos) Camera (inexpensive & waterproof)		
	Journal & pen/pencil		
	Something to read		
	Non aerosol insect repellent		
	2 pairs of shorts – one for lounging, one for sailing		
	Laundry bag		
	1 pair of comfy hangout pants		
	Small personal item like a stuffed animal		
	Very warm pajamas & sweatpants/long johns		
	Daily underwear & bras		
	2 pairs of socks		
	1 Swimsuits (sturdy so they don't fall off)		
	Rain jacket or poncho		
	1 sweatshirt or fleece shirt		
	Warm stocking cap		

<u>'AVE these items at HOME:</u>

- lectronic devices such as cell phones, iblets, headphones, smart watches, etc.
- andy, food, drinks
- urling iron, blow dryer, makeup & airspray
- ash, jewelry, valuables and clothing nat can't get dirty
- ank-tops, crop-tops (clothes that don't rotect us from the elements) or not chool appropriate logos.

CAMPER AND CAREGIVER PREPARATION

Before your camper comes to camp, it's important to prepare her for being on her own:

- With support and advice, let your camper pack her own bag, and teach her how to roll her own sleeping bag so she gains independence.
- Have her practice being away from home by having a sleepover at a friend's house.
- Before camp starts, have regular talks about what to do if she misses home while away.
- Listen to the camper's concerns, and provide answers to their questions. If they have questions about camp that you can't answer, feel free to ask customercare@gsmw.org.

Prepare your camper to use coping strategies, like these, at camp:

- Try to play every game, and try every offered activity at least once.
- Talk with a Camp Counselor or other trusted camp staff.
- Write letters home (or keep a journal) to tell your family about all the fun activities and your new friends.
- Look forward to the new skills and adventures each day at camp.
- Introduce yourself to at least one new friend every day!

Missing Home

While at camp, girls do not have access to the phone to call home, and parents will not be able to call their campers unless it's an emergency. Girls can write letters and receive letters given to staff at check-in. Send your girl with addressed, stamped envelopes, stationary, and a pen so she is ready to write home.

For more hints on preparing for camp, check out GSUSA's "Camp Hacks" videos at: www.youtube.com/user/girlscoutvideos/playlists

CHECK-IN AND CHECK-OUT | SCHEDULE

Theme	Check in Date/Time	Check out Date/Time
Swim, Splash, and Sail	Sunday, July 30 (4:00-4:30 pm)	Friday, August 4 (9:00-9:30 am)

PHONE: 406-422-9931

ADDRESS: 3555 West Shore Drive, Yacht Basin, Helena, Montana

From Great Falls: Take the Custer Exit. Turn left (toward Costco) and travel approximately 15 miles. Custer Ave will turn into Canyon Ferry Rd. Billboards advertising Yacht Basin Marina will become visible closer to the marina. When you reach Yacht Basin, take a right turn on to W. Shore Drive. Follow the main road past the marina. After approximately .5 miles, there will be a left hand turn with a sign that says "Chalet Group Use Area". The camp will be at the bottom of that road.

From Butte: Take the Capitol Exit east and proceed towards East Helena. You will travel through the town of East Helena on Hwy 12 approximately 10 miles to the flashing light at CR-284/Spokane Creek Rd. Turn left onto CR-284/Spokane Creek Rd. Travel 4.6 miles to Canyon Ferry Road and take a right. Travel about 3.5 miles along Canyon Ferry road. When you reach Yacht Basin, take a right turn on to W. Shore Drive. Follow the main road past the marina. After approximately .5 miles, there will be a left hand turn with a sign that says "Chalet Group Use Area". The camp will be at the bottom of that road.

From Three Forks: Take Hwy 287 towards Helena. At approximately 54 miles the flashing light at CR-284/Spokane Creek Rd. will become visible. Turn right onto CR-284/Spokane Creek Rd. Travel 4.6 miles to Canyon Ferry Road and take a right. Travel about 3.5 miles along Canyon Ferry road. When you reach Yacht Basin, take a right turn on to W. Shore Drive. Follow the main road past the marina. After approximately .5 miles, there will be a left hand turn with a sign that says "Chalet Group Use Area". The camp will be at the bottom of that road.

CHECK-IN AND CHECK-OUT PROCEDURES

<u>CHECK-IN DAY:</u> Opening day/times will vary according to the specific camp you are signed up for, see above for your specific camp. Campers must be checked in & out on the date & within the time period assigned to your session.

- Late arrivals are accepted ONLY in case of emergency circumstances. If the camper cannot arrive within the extended window of time, they will have to wait until the following day at 8:00am to be checked in by camp staff. Please notify the camp as soon as circumstances arise.
- The camp gate will not open until the start of the check-in period. No earlier. Upon opening, staff will meet you in the parking lot and direct you to the check-in tables. Please have any updated address/phone/health history information, and medications ready and available for the Camp Director.
- During check-in, your camper will have her picture taken for identification. After check-in, parents/caregivers are invited to help their camper move into her cabin. After move-in, non-campers must say a quick "goodbye" so girls can start enjoying their camp adventure.
- Please leave all non-human family members at home or in the car. Pets are not allowed on camp properties.
- Caregivers are not permitted on camp premises after check-in is complete. We do not allow campers to have visitors, and campers are not permitted to call home during the camp session. Prepare yourself and your camper for this. Should an emergency arise, camp staff will contact you.

<u>CHECK-OUT DAY:</u> Caregivers are asked to pick-up their campers within the assigned check-out time range specific to your camp location and theme. Refer to the table for the correct pick-up time. Check-out times are firm and cannot be negotiated.

- **Please be prompt in picking up your camper.** Upon arrival at pickup, parents will be met in the parking lot and given directions.
- For your camper's safety, <u>a photo ID is required and the pick-up person MUST be listed as an authorized "Camper Pick-Up".</u> Please list nearby family & close friends in case of an emergency.
- If you are picking up a camper other than your own child, you will need to have a photo identification and be on their "Camper Pick-Up" list. Campers WILL NOT be released from camp without an authorized "Camper Pick-Up" with a photo ID.
- All campers will be signed out with the "Camper Pick-Up" at the check-out tables before leaving camp. At this time, any medication will be released to the "Camper Pick-Up".

FREQUENTLY ASKED QUESTIONS

Head over to our website for the most update FAQ's. Found at: www.gsmw.org/camp