

Week-Long & Try-It Camp Confirmation Packet



Dear Camper and Parent/Caregiver:

Welcome to Girl Scouts Summer Camp. We can't wait for you to take those mountain roads and join us in celebrating our camp community by creating friendships and adventures around every turn of the trail. Thank you for choosing Girl Scouts of Montana and Wyoming (GSMW) for your Girl Scout's summer adventures!

Please ensure you have paid the full camp fee two weeks before the start of your camp. If you need help with camp payments, please contact customercare@gsmw.org.

To help you and your camper prepare for this experience, we have compiled a "Camp Readiness Document". Please *READ THIS ENTIRE DOCUMENT FROM BEGINNING TO END* and refer to it regularly as you prepare for camp. A physical letter will be mailed to you about 2 weeks out from your camp start date, it will contain; driving directions, waivers if applicable, and just a few other documents.

This camp confirmation packet includes:

PACKING LIST & CAMPER PREPARATION

Use a pencil to help you track everything as you pack to come to camp. Bring a copy of the list to camp to keep track of everything you should take home. Label everything you bring with the camper's name! Check this section for hints on how to prepare yourself and your camper for a successful week at camp.

• CHECK-IN / CHECK-OUT TIMES & PROCEDURES

Camp check-in and check-out times <u>vary depending on grade levels</u>. GSMW has defined procedures for checking in and out of camp. Directions to each camp location are also included.

• PERMISSION/RELEASE/HEALTH FORMS

Provide completed forms during camp check-in. Health forms that are incomplete may prevent your child from attending camp. *You are required to report all health concerns including mental health conditions*. We ask you to include your camper's mental health status in her health form so we can work together to ensure her success at camp.

• FREQUENTLY ASKED QUESTIONS

Got a question? I'm sure you do! Find answers on the FAQ page at www.gsmw.org/camp.

If you have any questions or concerns prior to your arrival at camp, please contact Girl Scouts of Montana and Wyoming Headquarters at (406)-252-0488 or customercare@gsmw.org.

From around the campfire, Your 2023 GSMW Resident Camp Team

CAMPER PACKING LIST

- ❖ At camp, we dress to be comfortable and safe, and we prepare for being outdoors in all conditions.
- ❖ Do not bring anything to camp that cannot get dirty, messy or broken. Rugged, comfy clothes work best.
- Label all belongings.
- ❖ Limit camper's baggage to one duffel plus one daypack and a neatly rolled sleeping bag & pillow.
- Girls should be able to pack, unpack, and carry their own things.
- * Campers will not be permitted to wear open-toe shoes or sandals at any time other than in the showers.
- * For Try-It Campers: Adjust the packing list to reflect your shorter stay at camp.

NECESSITIES:

- ADDITIONAL WAIVERS (for extra activities)
- Very warm sleeping bag (nights may be below 30°F)
- Pillow in a pillow case
- Shower towel & washcloth
- Sunglasses with case
- Day backpack (used every day, all day)
- Sturdy, closed-toe shoes (hiking or tennis shoes)
- Flip flops (for the shower only)
- Water bottle (check for leaks)
- Flashlight or headlamp & extra batteries
- Medications (in original containers, marked with dosage & campers name. Collected at check-in.)

CLOTHING:

- 3 T-shirts (cover shoulders/stomach; no suggestive logos)
- 2 pairs of shorts
- 1 or 2 pair of jeans or sweatpants
- Very warm pajamas
- 7 days of underwear, bras, socks
- Swimsuit (for showering, sometimes swimming)
- Rain jacket or poncho
- 2 sweatshirts or fleece shirts
- Brimmed hat
- Warm stocking cap & gloves
- Synthetic or wool long underwear top and bottoms
- 1 long sleeve shirt
- 1 winter coat
- 100% white cotton t-shirt or other item to tie-dye

TOILETRIES/PERSONAL ITEMS:

- Travel soap and lotion
- Deodorant
- Travel shampoo/conditioner
- Travel toothbrush & toothpaste
- Brush or comb
- Hair ties
- Sunscreen & protective lip balm
- Travel non-aerosol insect repellant
- Glasses or contact lenses
- Retainers/mouth guards
- Feminine hygiene products (even if unexpected)

OPTIONAL:

- Twin sheet for bed and/or extra blanket
- Camera (inexpensive & durable or disposable)
- Stationary, stamps, pre-addressed envelopes
- Journal & pen/pencil
- Pirate accessories (no weapons)
- A wacky hat or wig and wacky socks
- Something to read
- Laundry bag
- Small stuffed animal
- Rain Pants
- Campfire Ashes jar from previous years of camp – reuse these year after year! Bring ashes from your last campout.

ADDITIONAL SPECIALTY CAMP ITEMS:

For Mountain Expedition and Extreme Exploration:

- Boots or hiking shoes with a one-inch heel (required) for horseback riding
- Board shorts, swim shirt, water shoes for rafting
- Headlamp for Camp Castle Rock cave exploration (optional)

For Silver Spurs:

- Boots with one-inch heel (optional)
- Pair of long pants to wear while riding

LEAVE these items at HOME:

- Electronic devices such as cell phones, tablets, headphones, smart watches, etc.
- Candy, food, drinks
- Curling iron, blow dryer, makeup & hairspray
- Cash, jewelry, valuables and clothing that can't get dirty
- Tank-tops, crop-tops (clothes that don't protect us from the elements) or not school appropriate logos.

CAMPER AND CAREGIVER PREPARATION

Before your camper comes to camp, it's important to prepare her for being on her own:

- With support and advice, let your camper pack her own bag, and teach her how to roll her own sleeping bag so she gains independence.
- Have her practice being away from home by having a sleepover at a friend's house.
- Before camp starts, have regular talks about what to do if she misses home while away.
- Parents, prepare yourself for camp! Children can easily pick up on their parent's feelings. So, if you're nervous about camp, they will be, too. Show your camper that you're excited for their camp opportunity, and discuss with them how it will be a great experience for both parent and child!
- Listen to the camper's concerns, and provide answers to their questions. If they have questions about camp that you can't answer, feel free to ask customercare@gsmw.org.

Prepare your camper to use coping strategies, like these, at camp:

- Try to play every game, and try every offered activity at least once.
- Talk with a Camp Counselor or other trusted camp staff.
- Write letters home (or keep a journal) to tell your family about all the fun activities and your new friends.
- Look forward to the new skills and adventures each day at camp.
- Introduce yourself to at least one new friend every day!

Missing Home

While at camp, girls do not have access to the phone to call home, and parents will not be able to call their campers unless it's an emergency. Girls can write letters and receive letters given to staff at check-in. Send your girl with addressed, stamped envelopes, stationary, and a pen so she is ready to write home. For more hints on preparing for camp, check out GSUSA's "Camp Hacks" videos at: www.youtube.com/user/girlscoutvideos/playlists

GSMW Happy Camper Kit - \$25

Happy Camper Kit's are a fun way to give your camper a useful surprise when they arrive at camp. This year's kit is \$25 and includes a 32 oz. water bottle, mini-flashlight, stickers and a special SquishmallowTM. Available for purchase by going to $\underline{www.gsmw.org/camp}$.

CHECK-IN AND CHECK-OUT | SCHEDULE

Gates to camp will not open and staff is unavailable until the listed times below

Timbercrest Camp

ADDRESS: 513 W. Fork Rd. Red Lodge, MT 59068

DIRECTIONS: Route 212 into Red Lodge, turn right (north) between Chateau Rouge Motel and Beartooth Ranger Station onto Ski Run Road (also known as W. Fork Rd). Follow the road approximately 4 miles to a fork in the road, then follow to the left (West Fork Road – FS #71). Follow approximately 2 miles to Timbercrest Camp, turn right. Follow road approx. ½ mile to gated entrance.

Camp Dates	Grade Next Fall	Check in Date/Time	Check out Date/Time
	2-4	Sunday , June 11 (3:00-4:00 pm)	
June 11 - June 16	5-7	Sunday , June 11 (3:30-4:30 pm)	Friday, June 16 (10-11 am)
	8-12	Sunday , June 11 (4:00-5:00 pm)	
	2-4	Sunday , June 18 (3:00-4:00 pm)	Friday, June 23 (10-11 am)
June 18 - June 23	5-7	Sunday , June 18 (3:30-4:30 pm)	TRY-IT Campers:
	8-12	Sunday , June 18 (4:00-5:00 pm)	Wednesday , June 21 (10-11 am)
	2-4	Sunday , June 25 (3:00-4:00 pm)	
June 25 - June 30	5-7	Sunday , June 25 (3:30-4:30 pm)	Friday, June 30 (10-11 am)
	8-12	Sunday , June 25 (4:00-5:00 pm)	111day, odnie oo (10 11 am)
	Camp Aide / CIT/ Jr. Counselor	Sunday , June 25 (3:00-3:15 pm)	

Camp Castle Rock

ADDRESS: 665 Little Basin Creek Road, Butte, MT 59701-9693

DIRECTIONS: Exit off I-90 onto Montana Street. Head south on Montana Street until you pass the cemeteries. Make a right turn heading toward Copper Hill Park and Driving Range. Go past the park until the road forks, take a left onto Little Basin Creek Road (sign is missing, if you go straight you will be on Beef Trail Road). Continue on Little Basin Creek Road 6.5 miles. There will be a gate on the right. Look for Camp Castle Rock signs and #665.

Camp Dates	Grade Next Fall	Check in Date/Time	Check out Date/Time
	2-4	Sunday , July 9 (3:00-4:00 pm)	
July 9 – July 14	5-7	Sunday , July 9 (3:30-4:30 pm)	Friday, July 14 (10-11 am)
	8-12	Sunday , July 9 (4:00-5:00 pm)	
	2-4	Sunday , July 16 (3:00-4:00 pm)	
July 16 – July 21	5-7	Sunday , July 16 (3:30-4:30 pm)	Friday, July 21 (10-11 am)
	8-12	Sunday , July 16 (4:00-5:00 pm)	TRY-IT Campers: Wednesday, July 19 (10-11
	Camp Aide / CIT/	Sunday , July 16 (3:00-3:15 pm)	am)
	Jr. Counselor		/

Camp Sacajawea

ADDRESS: 3155 W. Micro Rd. Casper, WY 82601

DRIVING DIRECTIONS: From I-25 take exit 185 (Wyoming Blvd.) Follow road to stop light at Casper Mountain Road; take a left (south) toward the mountain. Continue on this road approximately 5.6 miles until you reach the "Y" in the road. Take the right fork (Hogadon Road to ski area) and follow until you reach a gravel road. This is W. Micro Road (you'll see a Natrona County Archery sign); take a left and continue on Micro Road. Camp Sacajawea winter entrance road is on the left before you reach the cell phone towers. Summer entrance road is further down W. Micro Road.

Camp Dates	Grade Next Fall	Check in Date/Time	Check out Date/Time
	2-4	Thursday , July 27 (3:00-4:00 pm)	
July 27 – July 30 *SHORT WEEK*	5-7	Thursday , July 27 (3:30-4:30 pm)	Sunday, July 30 (10-11 am)
SHORT WEEK	8-12	Thursday , July 27 (4:00-5:00 pm)	
	2-4	Sunday , July 30 (3:00-4:00 pm)	
July 30 – August 4	5-7	Sunday , July 30 (3:30-4:30 pm)	Friday, August 4 (10-11 am)
	8-12	Sunday , July 30 (4:00-5:00 pm)	
August 6 – August 11	2-4	Sunday , August 6 (3:00-4:00 pm)	
	5-7	Sunday , August 6 (3:30-4:30 pm)	Friday, August 11 (10-11 am)
	8-12	Sunday , August 6 (4:00-5:00 pm)	TRY-IT Campers: Wednesday, August 9 (10-11
	Camp Aide / CIT/ Jr. Counselor	Sunday , August 6 (3:00-3:15 pm)	am)

CHECK-IN AND CHECK-OUT | PROCEDURES

CHECK-IN DAY

Parents/ caregivers are asked to drop-off their camper within the assigned check-in time. Please refer to Check-In/Check-Out Schedule above.

- Caregivers will need to drop campers off in person at Camp.
- Counselors, Health Staff, and Directors are all able to meet with campers and caregivers in person to discuss the week and any needs campers might have.
- The Camp gate will not open until 3:00pm on the day of check-in.
- Cars will stop at different stations:
 - Health Check All paperwork is to be turned in at this station. The camper and caregiver will speak with the Health & Wellness Supervisor. Camp staff will check each camper for head lice, take their temperature, and ask how they are feeling. We advise all parents/guardians to check for lice and nits as well as fever, cough, or respiratory discomfort before arrival at camp. Please do not bring sick people to camp. GSMW camp staff will not permit campers into camp if they find the presence of lice or nits, a fever, cough, or respiratory discomfort (or any communicable disease). Medical refunds are available upon request.
 - o **Luggage Dropoff & Goodbyes** this is where you will say your goodbyes and campers will meet their counselors who will help them move in to their cabin.
 - o **Camp Store** some camps may have a pop-up GSMW shop available for merchandise purchases.

- Camper will complete a Health Check and all medications will be turned in to our Health & Wellness Supervisor. Medication must come in its original container with dosage directions clearly visible. Discuss any issues your camper may have during the week including medication distribution and include this in the Health Form.
- If your camper has any dietary restrictions, the Camp Director will be more than happy to discuss the week's meals. Include any dietary restrictions (allergies, intolerances, religious or cultural reasons) in the Health Form.
- Late arrivals are accepted <u>only</u> in case of emergency circumstances. **Notify camp staff immediately if** emergency circumstances arise by calling 406-794-0087.
- If your camper cannot arrive within the extended window of time, they will have to wait until the following day at 8:00am to be checked in by camp staff.

CHECK-OUT DAY

Parents/ caregivers are asked to pick-up their child within the assigned check-out time. Please refer to Check-In/Check-Out Schedule above.

- The Camp gate will not open until 10:00am on the day of check-out.
- Check-out times are firm and cannot be negotiated. **Notify camp staff immediately if emergency circumstances arise by calling 406-794-0087.**
- Upon arrival at pick-up, there will be 2 drive thru stations;
 - o **Directors Table** where medicine and health forms will be returned and ID will be checked to ensure they are on the confirmed "Camper Pick-Up" list.
 - Luggage & Camper Pickup a counselor will bring your camper over to the luggage and help load items into car.
- For your camper's safety, you MUST present a photo ID and be listed as an authorized "Camper Pick-Up" in the Health Form. Under "Camper Pick-Up", please list anyone who may pick up your camper as well as other emergency contacts.

FREQUENTLY ASKED QUESTIONS

Head over to our website for the most updated FAQ's. Found at: www.gsmw.org/camp