

Weekend GO Camp & Troop Camp Confirmation Packet



Dear Camper and Caregiver:

Welcome to Girl Scouts Summer Camp. We are excited to know our Girl Scouts are preparing to "Camp, Eat, Sleep, Repeat" with us this summer. Thank you for choosing Girl Scouts of Montana and Wyoming (GSMW) for your Girl Scout's summer adventures!

To help you prepare for this experience, we have compiled a "Camp Readiness Packet". Please *READ THIS ENTIRE PACKET FROM BEGINNING TO END*, and refer to it regularly as you prepare for camp. A physical letter will be mailed to you about 2 weeks out from your theme's start date, it will contain; driving directions, health forms, and just a few other documents.

This camp confirmation packet includes:

PACKING LIST & CAMPER PREPARATION

Use a pencil to help you track everything as you pack to come to camp. Bring a copy of the list to camp to keep track of everything you should take home. Label everything you bring with the camper's name!

CHECK-IN AND CHECK-OUT PROCEDURES

GSMW has defined procedures for checking in and out of camp. Directions to each camp location are also included.

ADULT CAMPERS RESPONSIBILITY

- ✓ Adults will serve as primary chaperones for their girl(s) throughout camp. Adult campers will receive camp schedules at check-in. With this tool, you'll be able to help yourself, your girl(s), and other campers remain on-time and well-informed.
- ✓ Adult campers are expected to participate in scheduled activities, on time. Help your girls with their activities, as needed, but also create your own crafts and play games as a fully engaged camper.
- ✓ Adults should help all other campers by reminding them to keep their bathroom clean, and be quiet at bed time.
- ✓ Adults should also advise their girl(s) to wake up, pack their day pack, be on time to meals and flag ceremonies, go to bed, and to behave in a manner consistent with the Girl Scout Promise and Law.
- ✓ Adult campers should adhere to Girl Scouts principles and camp rules, guidelines, and schedules at all times. All campers, adult and child, will have their kapers responsibilities on Sunday morning.

As chaperones, the primary camp rule we need to enforce from the very start of camp is our "buddy system". This system requires that every girl have a buddy with them at all times. This means another child or *related* adult must accompany the child to and from all activities, the bathroom, and to their cabins at night. In other words, a child is never alone and never alone with an unrelated adult. Staff will need help enforcing this rule with all children at all times. Adults, if you see a child on her own, please be sure she acquires a buddy ASAP! We highly recommend adults adhere to the buddy system, as well.

Got a question? I'm sure you do! Find answers on the FAQ page at www.gsmw.org/camp.

From around the campfire, Your GSMW Resident Camp Team

PACKING LIST

- ❖ At camp, we dress to be comfortable and safe, and we prepare for being outdoors in all conditions.
- ❖ Do not bring anything to camp that cannot get dirty, messy, or broken. Rugged, comfy clothes work best.
- Label all belongings.
- ❖ Limit camper's baggage to one duffel plus one daypack and a neatly rolled sleeping bag & pillow.
- ❖ Girls should be able to pack, unpack, and carry their own things.
- * Campers will not be permitted to wear open-toe shoes or sandals at any time other than in the showers.
- During weekend camps, showers are optional, so any items brought to camp for showering are optional.

NECESSITIES:

- Adult & Child Health History Forms
- Very warm sleeping bag (nights may be below 30°F)
- Pillow in a pillow case
- Shower towel & washcloth
- Sunglasses with case
- Day backpack (used all day on Saturday)
- Sturdy, closed-toe shoes (hiking or tennis shoes)
- Flip flops (for the optional shower only)
- Water bottles (check for leaks)
- Flashlight or headlamp & extra batteries
- Personal hand sanitizer & a reusable face mask
- Medications (in original containers, marked with dosage & campers name.)

CLOTHING:

- 2 T-shirts (cover shoulders/stomach; no suggestive logos)
- 1 pair of shorts
- 1 pair of jeans or sweatpants
- Warm pajamas
- Daily underwear & bras
- 2 pairs of socks
- Swimsuit (for optional showering)
- Rain jacket or poncho
- 1 winter coat
- 1 sweatshirt or fleece shirt
- Brimmed hat
- Warm stocking cap & gloves
- Synthetic or wool long underwear top and bottoms
- 100% white cotton t-shirt or other item to tie-dye

TOILETRIES/PERSONAL ITEMS:

- Travel soap and lotion
- Deodorant
- Travel shampoo/conditioner
- Travel toothbrush & toothpaste
- Brush or comb
- Hair ties
- Sunscreen & protective lip balm
- Travel non-aerosol insect repellant
- Glasses or contact lenses
- Retainers/mouth guards

Feminine hygiene products (even if unexpected)

OPTIONAL:

- Twin sheet for bed and/or extra blanket
- Rain Pants
- Camera (inexpensive & durable or disposable)
- SWAPS as many as you'd like to share!
- Something to read
- Small stuffed animal
- Sit-Upons or a camp chair
 Campfire Ashes jar from prior campfires reuse these year after year! Bring ashes from your last campout.
- **Adults only:** Bring a travel coffee mug, if you like

LEAVE these items at HOME:

- Electronic devices such as cell phones, tablets, headphones, smart watches, etc.
- Candy, food, drinks
- Curling iron, blow dryer, makeup & hairspray
- Cash, jewelry, valuables and clothing that can't get dirty
- Tank-tops, crop-tops (clothes that don't protect us from the elements) or not school appropriate logos.

CAMPER AND CAREGIVER PREPARATION

Before coming to camp, it is important to prepare your Girl Scout for a great learning experience:

- With support and advice, let your camper pack her own bag, and teach her how to roll her own sleeping bag so she gains independence even before arriving at camp.
- Parents, prepare yourself for camp! Children can easily pick up on their parent's feelings. So, if you're nervous about camp, they will be, too. Show your camper that you're excited for their camp opportunity, and discuss how it will be a great experience for parent and child!
- Listen to the camper's concerns, and provide answers to their questions. If they have questions about camp that you can't answer, feel free to ask customercare@gsmw.org.

Prepare your camper to use coping strategies, like these, at camp:

- Try to play every game, and try every offered activity at least once.
- Look forward to the new skills and adventures each day at camp.
- Introduce yourself to at least one new friend every day!

For more hints on preparing for camp, check out GSUSA's "Camp Hacks" videos at: www.youtube.com/user/girlscoutvideos/playlists

GSMW Happy Camper Kit - \$25

Happy Camper Kit's are a fun way to give your camper a useful surprise when they arrive at camp. This year's kit is \$25 and includes a 32 oz. water bottle, mini-flashlight, stickers and a special SquishmallowTM. Available for purchase by going to www.gsmw.org/camp.

CHECK-IN AND CHECK-OUT | SCHEDULE

Gates to camp will not open and staff is unavailable until the listed times below

Timbercrest Camp

ADDRESS: 513 W. Fork Rd. Red Lodge, MT 59068

DIRECTIONS: Route 212 into Red Lodge, turn right (north) between Chateau Rouge Motel and Beartooth Ranger Station onto Ski Run Road (also known as W. Fork Rd). Follow the road approximately 4 miles to a fork in the road, then follow to the left (West Fork Road – FS #71). Follow approximately 2 miles to Timbercrest Camp, turn right. Follow road approx. ½ mile to gated entrance.

Theme	Check-in Date/Time	Check-out Date/Time
Troop Camp: Traditions	Friday , June 9 (6- 7 PM)*	Sunday, June 11 (10 AM)
GO Camp: Campers Choice	Friday , June 23 (6-7 PM)*	Sunday, June 25 (10 AM)

^{*}Dinner is not provided Friday night. Please eat prior to checking in to camp.

Camp Castle Rock

ADDRESS: 665 Little Basin Creek Road, Butte, MT 59701-9693

DIRECTIONS: Exit off I-90 onto Montana Street. Head south on Montana Street until you pass the cemeteries. Make a right turn heading toward Copper Hill Park and Driving Range. Go past the park until the road forks, take a left onto Little Basin Creek Road (sign is missing, if you go straight you will be on Beef Trail Road). Continue on Little Basin Creek Road 6.5 miles. There will be a gate on the right. Look for Camp Castle Rock signs and #665.

Theme	Check-in Date/Time	Check-out Date/Time
Troop Camp	Friday , July 7 (6-7 PM)*	Sunday, July 9 (10 AM)
GO Camp: Nature Close Up	Friday, July 14 (6-7 PM)*	Sunday, July 16 (10 AM)
GO Camp: Campers Choice	Friday, July 21 (6-7 PM)*	Sunday , July 23 (10 AM)

^{*}Dinner is not provided Friday night. Please eat prior to checking in to camp.

Camp Sacajawea

ADDRESS: 3155 W. Micro Rd. Casper, WY 82601

DRIVING DIRECTIONS: From I-25 take exit 185 (Wyoming Blvd.) Follow road to stop light at Casper Mountain Road; take a left (south) toward the mountain. Continue on this road approximately 5.6 miles until you reach the "Y" in the road. Take the right fork (Hogadon Road to ski area) and follow until you reach a gravel road. This is W. Micro Road (you'll see a Natrona County Archery sign); take a left and continue on Micro Road. Camp Sacajawea winter entrance road is on the left before you reach the cell phone towers. Summer entrance road is further down W. Micro Road.

Theme	Check-in Date/Time	Check-out Date/Time
Troop Camp	Friday, August 4 (6-7 PM)*	Sunday, August 6 (10 AM)
GO Camp: Campers Choice	Friday, August 11 (6-7 PM)*	Sunday, August 13 (10 AM)

^{*}Dinner is not provided Friday night. Please eat prior to checking in to camp.

CHECK-IN AND CHECK-OUT | PROCEDURES

CHECK-IN DAY

Opening days/times will vary according to the specific camp you are signed up for. Please refer to Check-In/Check-Out date page. Campers must be checked in & out on the date & within the time period assigned to your session.

- Late arrivals are accepted <u>only</u> in case of emergency circumstances. **Notify camp staff immediately if** emergency circumstances arise by calling 406-794-0087.
- The Camp gate will not open until the start of the check- in period.
- Dinner is not provided on Friday night, please eat prior to check-in at camp.
- You will park and then head to the Check-In station, it will be visible from the parking lot.
- Before moving into your cabin, you will have a health check. Camp staff will check each camper, adult and child, for head lice, take their temperature, and ask how they are feeling. We advise all parents/guardians to check for lice and nits as well as fever, cough, or respiratory discomfort before arrival at camp. Please do not bring sick people to camp. GSMW camp staff will not permit campers into camp if they find the presence of lice or nits, a fever, cough, or respiratory discomfort (or any communicable disease). Medical refunds are available upon request.
- Please leave all non-human family members at home. Pets are not allowed on camp properties.
- Adults who are not attending camp are not permitted on camp premises other than the parking lot and check-in area. We do not allow campers to have visitors, and campers are not permitted to call home during the camp session. Prepare yourself and your camper for this.

CHECK-OUT DAY

Parents/ caregivers are asked to pick-up their campers within the assigned check-out time range specific to your camp location and theme. Refer to the table for the correct pick-up time.

- Check-out times are firm and cannot be negotiated. **Notify camp staff immediately if emergency** circumstances arise by calling 406-794-0087.
- Campers must check-out with GSMW staff before leaving. Be sure every member of your group is accounted for at the check-out station.
- Campers may only leave with the parent, adult, or troop leader they arrived with unless special arrangements have been made during check-in.
- Most girls travel to camp with the group they are attending with. Yet, a girl may be dropped off or picked up a by an adult who is not attending camp. Please tell the check-in station who will be picking up the child at the end of the event. The person picking up the child must have a photo ID and must be designated by the person dropping off.
- Adults that are not registered campers will not be allowed to tour campus or to leave the check-out areas.

FREQUENTLY ASKED QUESTIONS

Head over to our website for the most update FAQ's. Found at: www.gsmw.org/camp